

CERTIFICATE - COACHING

The certificate in coaching prepares students interested in pursuing a career in coaching. The program includes the study of the physical, social, and medical aspects of coaching individuals and team sports, and the application of these principles in an actual coaching setting through a practicum experience.

Students who complete a coaching minor should be able to:

1. Demonstrate an understanding of theories and competencies in a coaching setting;
2. Plan and implement developmentally-appropriate practice plans for athletes;
3. Implement appropriate pedagogical techniques in coaching settings; and
4. Apply ethical behavior in coaching settings.

REQUIRED COURSES

SM 203	Sport in Society	3
SM 300	Principles & Qualities of Coaching	3
SM 304	Principles of Sports Medicine	3
SM 407	Psychology of Sport	3
SM 496	Sports Management Internship	3
Total Hours		15